

Polley Report

OCTOBER 2009



Out & About

September was a busy month out and about in Tasmania. I had the opportunity to meet with a number of people at different events, from school children to Ministers:

- Talking to children at South George Town Primary School about life as a Senator
- Joining with Minister for Housing, Tanya Plibersek, at the Door of Hope Homelessness Facility Launch
- Meeting with successful recipients of funding from the Jobs Fund
- Attending the National Launch Breakfast for the start of Child Protection Week
- Throwing the first jack at the official opening of the Scottsdale Bowls Club new synthetic turf



Pension Increase

Good news! The new increases to the single and couples rate of many pensions took effect from 20 September! For more information please contact Centrelink.



Freecall 1300 134 923

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Protect Your Kids Online

The Australian Banker's Association and the Australian Federal Police have joined together to produce a fact sheet which helps parents, teachers and carers provide helpful safety advice to children.

Children use the Internet more than ever these days and can unknowingly reveal too much about themselves to the wrong people. The fact sheet contains tips on how to teach them to be safe online.

The fact sheet '*Protect Your Kids Online*' can be found at www.bankers.asn.au or please contact my office on 6331 2599 if you would like a copy posted out.



Dental Care for Better Health

Did you know that gum disease can contribute to such conditions as diabetes, cardiovascular disease, and Alzheimer's disease? Did you know that some drugs often used by over 55's can lead to increased tooth decay and mouth sores? Did you also know that your dentist is in a good position to detect the early symptoms of a range of different health conditions?

In August, Dental Health Week focused on the importance of dental health for those over the age of 55. As part of Dental Health Week the Australian Dental Association developed an easy self-check test that allows the public to answer a series of simple questions, which can assist in the detection of some conditions.

If you are over 55, I would encourage you take the self-check test at:

www.ada.org.au



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